



remark :

- The bust is measured over the largest size of the breast. (if needed over a good fitting non padded bra.)
- The lower chest is measured right under the breast
- The waist line is measured over the smallest line of the waist
- The hips are measured over the largest size of the hips. (mostly at buttocks height)
- the under bust height is important !

Put a small belt tight around the waist

See to it that it is placed right in between the hipbone and the lower-ribs

Feel this with your fingers right at the side of the waist. (this can be lower that the optical waist line)

Stand straight up and measure the distance from the mid of the belt to right under the breast.

Measurements are in cm (1 inch = 2.54 cm, or 1 cm = 0,393 inch)

Ladies-sizes in cm	D32	D34	D36	D38	D40	D42	D44	D46	D48	D50
Breast AA	76	79	82	85	88	93	97	100	104	108
A	78	81	84	87	90	95	99	102	106	110
B	80	83	86	90	93	97	101	104	109	113
C	83	86	89	92	95	99	103	107	112	116
Lower-chest	66	69	72	75	79	83	87	90	94	98
Waist -Normal	59	63	67	71	75	79	83	88	93	97
-Corset	49	53	57	61	65	70	74	79	85	89
Hip	85	89	93	96	100	104	107	111	116	122
Underbust height	13	13	13,5	14	14	14	13,5	13,5	13	12

Man sizes in cm	H38	H40	H42	H44	H46	H48	H50	H54	H58	H62
Chest	76	80	84	88	92	96	100	108	116	124
Waist -Normal	64	68	72	76	80	84	88	98	108	118
-Corset	54	58	62	67	71	75	80	90	100	110
Hip	82	85	88	92	95	98	101	107	114	122
Underbust height	16	17	17,5	18	18,5	19	19,5	20,5	21,5	22,5
Breast AA	86	89	93	97						
A	88	91	95	99	103	107				
B	90	93	97	101	105	109	113	121	129	137
C	93	96	100	104	108	112	116	124	132	140