

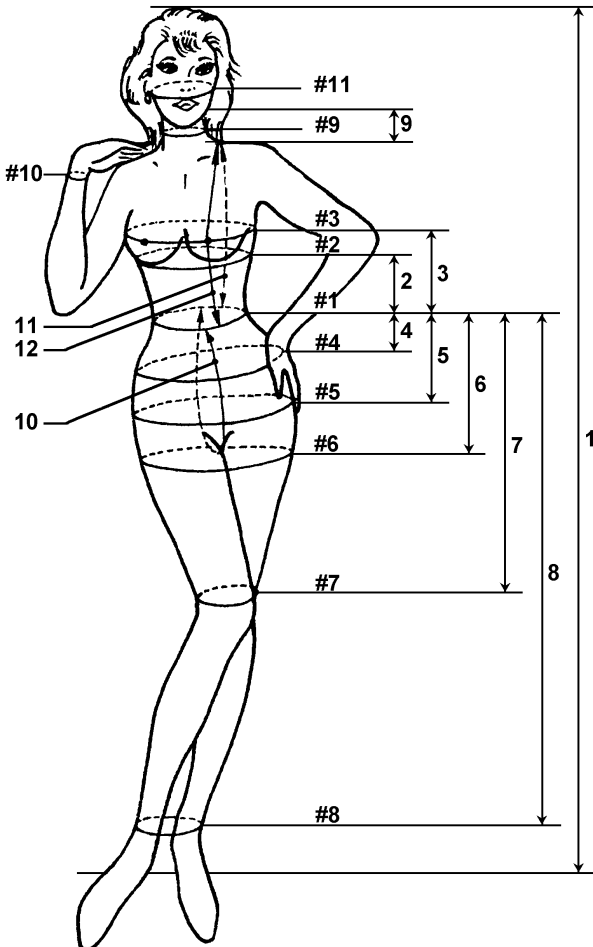
**HOW TO TAKE THE MEASUREMENTS**

Put a small belt around the waist. Just between the lower ribs and the hip-bone.

Measure from this line up and down.

Always take the measurements 1 to 5 and #2 to #5, and further all measurements which you think are needed for your corset.

It is better to take a few measurements too many than a few short.



Body-size	male	
	female	
<b>Reduced waist size</b>		
#1	waist	
#2	exactly underneath the breasts	
#3	over nipples with a bra Male-with breast filling Male-without fillings	
#4	upper hip-bone	
#5	hip / buttock	
#6	exactly underneath the buttock	
#7	around the knees -walking space ?	
#8	around the ankles	
#9	neck	
#10	wrist	
#11	the head under the nose	
1	total body length	
2	#1 to #2 (stand erect)	
3	#1 to #3	
4	#1 to #4 (mostly +/- 6cm)	
5	#1 to #5 (mostly +/-20cm)	
6	#1 to #6	
7	#1 to #7	
8	#1 to #8	
9	shoulder to jawbone	
10	#1 to #1 through crotch	
11	#1 to shoulder-top over back	
12	#1 to shoulder-top over breast	

